

► **MANCHESTER**
MON—FRI: 9AM-9PM
SAT: 9AM-6PM

July

2015

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► **CHESTER**
MON—FRI 7AM-9PM

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Manchester and Chester

July 2015

Special Offers

JULY OFFER

If you are an existing client then refer a friend and get 10% off your next treatment!

We are also offering 10% off to all new clients too!

Offer ends 31/7/2015



Goodbye to Tina

This month we unfortunately said goodbye to our very popular holistic therapist Tina, who has gone to start a new chapter in Lincoln.

We just wanted to assure our clients that we do have therapists who are qualified and experienced in Acupuncture, Reflexology, Indian Head Massage and relaxation massage so we are sure we can still provide the excellent care you are used to .

We are still sad though :(

Letter from Jennie

On September 19th, I am taking part in a 30 mile challenge called 'open to offers' over the hills of North Wales, which is to be completed in 12 hours. After moving to Alpraham three years ago, our family of three soon became a family of four. Many of you will know me as the lady with the buggy and three or four dogs in toe! Hopefully all this dog walking will help with this challenge, because other than walking the dogs, I've not exercised for over five years. And to make sure I complete it Becky is helping me along the way, both mentally and physically and with the fund raising! This walk (jog/hobble) will hopefully help me raise lots of money for a charity called More Than Words. This charity helps children who are so ill, their illness doesn't have a name. Their illnesses are so rare, the NHS can't help them.

Over the years I've struggled to conceive, keep, and birth children. However, despite how painful it was at the time, at the end of it I have two happy healthy children who I am truly thankful for, even on the days where they test every boundary possible, twice.

These families don't have that luxury. Their children are not helped by the NHS or big global charities as many of their illnesses don't have names so they are just left to manage as a family. These families love their children unconditionally as we all do but these children need that little bit more help. These parents will have almost exhausted every avenue possible, and are often on the verge of breaking point.

This charity helps teach these families how to communicate with their children through a special sign language, Makaton, and for those that can't use their hands, they provide specialist equipment to help. I can not even contemplate the strength and courage these family's show, the daily struggles they face, and whilst I'm not directly affected, I have seen families who are.

I could not even contemplate not being told 'I love you' by my daughter every night before bed. Something that these families have never heard.

The charity that was founded by Paul Hughes in Jan 2015. The inspiration of the charity was his daughter Gracie. Gracie is 3 & a half years old, she has an undiagnosed genetic disorder. She has various medical conditions that give her daily challenges and one of those is that she is non verbal. Gracie is unable to communicate verbally and one of the ways she is able to communicate is via signing.

Gracie attends a special needs school and staff communicate with her using Makaton sign language. However the NHS do not provide this to families! This is why Paul founded the charity More than Words, to make a difference as 'Every Child Deserves A Voice'.

They don't get any funding from other sources, they rely on people like me doing daft things and hoping people like you can spare a few pounds. I know things are tough for us all at the moment, and I know everyone asks for sponsorship, but even if it's only a few pounds or pence, we can really make a difference to families. Please help me to help these families hear or see their children say 'I love you mummy and daddy'.

You can make your donations at <http://www.make-a-donation.org/fundraisers/jennie-Lloyd>. Thank you, we can really make a difference.

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Your Anatomy Team



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Zoe
Sports Rehabilitator



Sean Devlin
Clinic Director



Matt Robinson
Sports Rehabilitator



Charlotte Harrison
Sports Therapist



Tina Malcolm
Holistic therapist